



New Denver, British Columbia

NEW MARKET FOODS

OPEN 7 DAYS A WEEK 8 AM - 7 PM • FRESH MEAT & PRODUCE • GROCERIES
DELI & LOCAL PRODUCTS • PHONE: 250-358-2270 • WEBSITE: newmarketfoods.com



PRICES EFFECTIVE MAY/JUNE 2026

EST.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
31	1	2	3	4	5	6

Top Sirloin Grilling Steak
kg. 26.41
11⁹⁸
lb.

Hot House Peppers
Red, Yellow or Orange
Canadian Grown, kg. 4.37
1⁹⁸
lb.

Red Seedless Grapes
Chilean or Peruvian Grown
#1 Grade, kg. 6.57
2⁹⁸
lb.



Scarpone's Beans
Lentils or Chick Peas, Select Varieties
398 ml.
98¢



Western Family Peanut Butter
Select Varieties, 500 g.
2²⁸

<p><i>Celebrate Food</i> NATIONAL CHOCOLATE ICE CREAM DAY - June 7th, 2026 -</p>	<p><i>Chapman's</i> Premium Ice Cream Select Varieties 2 litre 7⁹⁸</p>	<p><i>Western Family</i> Ice Cream Cups Original or Rainbow 18 Cups 2 FOR \$6</p>	<p><i>Nestlé</i> Nesquik Powder or Syrup, Select Varieties 540 g. or 510-700 ml. 8⁹⁸</p>	<p><i>Kraft Cool Whip</i> Whipped Topping 225 g. Aerosol 2 FOR \$8</p>	<p><i>Sugarplum</i> Cakes Select Varieties 550-600 g. 13⁹⁸</p>
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BUTCHER SHOPPE

Inside Round Oven Roast
kg. 19.80

8⁹⁸
lb.

CANADIAN BEEF

Inside Round Steak
kg. 22.00

9⁹⁸
lb.

Western Family Chicken Wings
Frozen, Select Varieties, 750 g.

15⁹⁸
Each

Split Chicken Wings
kg. 10.98

4⁹⁸
lb.

Pork Loin Chops
Boneless, kg. 9.88

4⁴⁸
lb.

CANADIAN FARM

Pork Loin Roast
Boneless, kg. 8.77

3⁹⁸
lb.

Boneless Skinless Chicken Breasts
kg. 15.39

6⁹⁸
lb.

LILYDALE
Canadian Farm Raised

sunrise farms

SMOKED & PACKAGED MEATS

Grimm's Sizzlin' Smokies
or Wieners, Select Varieties, 450 g.

8⁹⁸
Each

Harvest Bacon
Select Varieties
500 g.

12⁹⁸
Each

Laflour Wieners
Original or BBQ
450 g.

3⁹⁸
Each

Western Family Breaded Stuffed Chicken Cutlets
Frozen, Select Varieties, 852 g.

15⁹⁸
Each

Western Family Beef Cabbage Rolls
or Vegetable Spring Rolls
Frozen, 700-908 g.

11⁹⁸
Each

Flamingo Chicken
Frozen, Select Varieties
550-680 g.

12⁹⁸
Each

Western Family Mozzarella Cheese Sticks
or Stuffed Jalapeño Poppers
226-500 g.

8⁹⁸
Each

Western Family Cauliflower Bites
or Spinach & Artichoke
Frozen, 216-385 g.

7⁹⁸
Each

Western Family Dips
Select Varieties
227 g.

3⁹⁸
Each

ARTICHOKE & ASIAGO CHEESE DIP

DELI

DELI SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.

Olymel Déli Ham
Select Varieties



Per 100 g **1.48**

Greek House Homous
Tzatziki, Rice Pilaf or Potatoes
Select Varieties, 200-500 g



Each **4.48**

SEAFOOD

SEAFOOD SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



Western Family Prawn Platter
With Sauce, Frozen, 454 g.

Each **14.98**

Rockfish Fillet
Skinless
300 g.



Per 100 g **2.98**

Western Family Butterfly Crunchy Shrimp



Frozen, 680 g.

Each **12.98**

Iceberg Select Blue Shell Mussels



Frozen, 454 g.

Each **7.98**

BlueWater Battered Fillets



English Style, Frozen, 725 g.

Each **15.98**



Western Family Lollipop Shrimp
Frozen, 200 g.

Each **9.98**

HOT DEALS FROM THE FREEZER

Arctic Gardens Bistro Style Vegetables
Frozen, Select Varieties, 500-580 g.



2 FOR \$9

Western Family Chopped Spinach
Frozen, 500 g.



2.78

Cavendish Farms Fries
or Onion Rings, Frozen, Select Varieties, 400-750 g.



2 FOR \$8

Kraft Cool Whip Dessert Topping
Original or Light, Frozen, 1 litre



3.98

Western Family Fruit
Frozen, Select Varieties, 600 g.



2 FOR \$11

Chapman's Frozen Yogurt
No Sugar Added Ice Cream or Novelty
Select Varieties, 1-2 litre, or 6 Packs



7.48



Western Family Perogies
Frozen, Select Varieties, 907 g.

3 FOR \$6.99

HOT DEAL



Breyers Creamery Style Ice Cream
Select Varieties, 1.41 litre

6.98

Chapman's Frozen Novelties
Select Varieties, 8-28 Pack



6.48

Kellogg's Eggo Waffles
Original or Blueberry, Frozen, 16 Pack



6.48

Rustica Pizza
Frozen, Select Varieties, 645-867 g.



7.98

Swanson Meat Pies
Frozen, Select Varieties, 200 g.



3 FOR 7.98

DAIRY DELIGHTS

**Kraft Velveeta
Cheese Loaf**
900 g.

13⁹⁸



**Kraft Singles
or Cheeze Whiz**
Select Varieties, 825-900 g.

8⁹⁸



**Becel
Margarine**
Select Varieties
800 g.

7⁹⁸



**Lactantia
Butter**
Salted or Garlic
125 g.

3⁷⁹⁸



**Armstrong
Cheese**
Select Varieties
600 g.

9⁹⁸



**Kraft
Cheese**
Select Varieties
250 g.

4²⁸



**Western Family
Shredded Parmesan
Cheese**
170 g.

6⁴⁸



**Heluva Good
Dip**
French Onion
680 g.

5⁹⁸



**Activia
Multipack Yogurt**
Select Varieties
12 x 95-100 g, Pack

6⁹⁸



**Danone
Oikos Yogurt**
or Activia, Select Varieties
650-750 g.

6⁹⁸



**Kraft
Grated Parmesan
or Italian Blend**
250 g. **9⁹⁸**

**Saputo
Ricotta Cheese**
500 g. **7⁴⁸**

**Millionaires
Anchovies**
Flat Fillets
50 g. **2^{FOR} \$7**

**Neilson
Milkshake**
Select Varieties, 310 ml.
*Plus Deposit. **3^{FOR} 4⁹⁸**

**Dairyland
Cream**
or Fat Free, 473 ml.
*Plus Deposit. **2⁴⁸**

Dairyland Milk 2 Go
2% or Chocolate, 6 x 200 ml.
*Plus Deposit. **4⁹⁸**

**Dairyland Milk 2 Go
Sport Pro**
Vanilla or Chocolate, 473 ml.
*Plus Deposit. **2^{FOR} \$7**

**Sunny D
Beverage**
Smooth or Tangy Original
1.89 litre, *Plus Deposit. **3²⁸**

**Dairyland
Stirred Yogurt**
Select Varieties
175 g. **4^{FOR} \$5**

**Dairyland
Sour Cream**
Select Varieties
250 ml. **1⁹⁸**

RISE & SHINE

**Only Goodness
Pure Maple Syrup**
or Western Family
250-375 ml.

7⁹⁸



**Only Goodness
Protein Pancake Mix**
400 g.

7⁹⁸



**Smucker's
Pure Jam**
Jelly or Marmalade
Select Varieties, 500 ml.

6⁴⁸



**McCafé
Coffee**
Premium Roast
12 K-Cup

12⁹⁸



**Kicking Horse
Coffee**
Kick Ass
24 K-Cups

27⁹⁸



**Elias
Honey**
Liquid or Creamed
500 g.

7⁹⁸



**Only Goodness
Tea**
or Western Family, Select Varieties
20-72 Bags

2^{FOR} \$8



**Tazo
Latte**
Concentrated, Select Varieties
946 ml.

5⁹⁸



**Kashi
Cereal**
Select Varieties
349-501 g.

7⁴⁸



**General Mills
Family Size
Cereal**
Select Varieties, 481-725 g.

6⁴⁸

**Only Goodness
Organic Quick Oats**
Original
1 kg.

3⁹⁸



BAKING

**Only Goodness
All Purpose Flour**
Organic or Gluten Free
1.24-2 kg.

10⁹⁸



**Truvia
Cane Sugar Blend**
680 g.

7⁹⁸



More Favourites ...

**Sunsweet
Prunes**
Pitted
375 g. **6⁴⁸**

**Thai Kitchen
Coconut Milk**
Pure or Lite
398-400 ml. **2^{FOR} \$6**

GROCERY ESSENTIALS

Western Family Mayonnaise
Real
475 ml. **3²⁸**

Western Family Ketchup
375 ml. **2⁷⁸**

Hormel Real Bacon
Pieces
79 g. **2^F \$^R 9**

Clover Leaf Red Sockeye Salmon
Flaked, 142 g. **4⁹⁸**

Clover Leaf Light Tuna
Chunk, 142 g. **2^F \$^R 5**

Western Family Croustons
Cheese & Garlic
or Caesar
145 g. **2^F \$^R 5**

Lipton Soup Mix
or Knorr, Select Varieties
2-4 Pack **3^F \$^R 4⁹⁸**

P.F. Chang's Cooking Sauce
Select Varieties
350 ml. **2^F \$^R 11**

Maple Leaf Flakes of Ham
Chicken or Turkey, Select Varieties
156 g. **2^F \$^R 4**

HOT! DEAL!

Kraft Miracle Whip
Original
1.5 litre **8⁹⁸**



Bick's Pickles
Select Varieties
1 litre **2^F \$^R 9**



Diana Barbecue Sauce
Select Varieties
500 ml. **4²⁸**



Legh's Soup
Select Varieties
720 ml. **2^F \$^R 8**



Western Family BBQ Sauce
Select Varieties, 425 ml. **3^F \$^R 9⁹⁹**

HOT! DEAL!

Primo Pizza Sauce
Select Varieties, 213 ml. **98¢**

HOT! DEAL!

Western Family Condensed Soup
or Broth, Select Varieties
284 ml. **2^F \$^R 3**

Western Family Pineapple
Select Varieties
398 ml. **4^F \$^R 9**

Hunt's Heirloom Tomatoes
Diced
398 ml. **2^F \$^R 5**

Western Family Pieces & Stems Mushrooms
or Only Goodness, 284 ml. **4^F \$^R 5**

Only Goodness Black Beans
or Chick Peas
398 ml. **3^F \$^R 4⁹⁸**

Scarpone's Gnocchi
Cheese or Potato
500 g. **2^F \$^R 4**

Harvest Acres Long Grain Rice
2 kg. **5⁹⁸**

Western Family Canola Oil
3 litre **9⁹⁸**

Gallo Olive Oil
Extra Virgin
1 litre **10⁹⁸**

Berio Balsamic Vinegar
250 ml. **2^F \$^R 9**

Western Family Manzanilla Olives
Stuffed or Sliced
375 ml. **2^F \$^R 6**

Only Goodness Tomato Sauce
or No Salt Added
398 ml. **2^F \$^R 6**

Western Family Pasta Sauce
Select Varieties
700 ml. **2^F \$^R 7**

Sharwood's Major Grey Mango Chutney
Chunky, 250 ml. **5⁴⁸**

TACO NIGHT!

Old El Paso Taco Shells
or Cheesy Blasted
153-191 g. **2^F \$^R 8**

Old El Paso Dinner Kits
Select Varieties
250-510 g. **2^F \$^R 9**

Old El Paso Tortillas
Select Varieties
297-334 g. **2^F \$^R 6**

Old El Paso Crunchy Taco Shells
or Stand 'n' Stuff
125-133 g. **2^F \$^R 5**

Old El Paso Tortilla Bowls
Regular or Mini
189 g. **2^F \$^R 7**

Old El Paso Thick N Chunk Salsa
or Picante, Select Varieties
650 ml. **4⁹⁸**

Old El Paso Green Chilies
Chopped
113 ml. **2^F \$^R 4**

Old El Paso Refried Beans
or Sliced Jalapeños
Select Varieties, 250-398 ml. **2^F \$^R 6**

Old El Paso Taco Sauce
Mild or Medium
243 ml. **2^F \$^R 7**

Old El Paso Taco Seasoning
Select Varieties
1 Pack **3^F \$^R 3⁹⁹**

SNACK ATTACK!

Riceworks Rice Chips
Select Varieties, 155 g.

2 FOR \$6

HOT! DEAL

Tostitos Tortilla Chips

Select Varieties
210-300 g.

4²⁸



Tostitos Salsa

Select Varieties
416-418 ml.

4⁹⁸



More Favourites ...

Grissol Melba Toast
or Baguettes, Select Varieties
120-200 g.

2 FOR \$7

Cadbury Chocolate Fingers
Original or White
114 g.

4⁹⁸

Betty Crocker Dunkaroos
Select Varieties
168 g.

2 FOR \$8

Clif Builders Protein Bars
Peanut Butter
68 g.

2⁷⁸

SunRype Fruit To Go
Variety Pack
210 g.

5⁴⁸

M&M's Chocolate
or Maltasers
95-100 g.

2 FOR \$8

Twizzlers Licorice
Nibs or Jolly Rancher
60-90 g.

4 FOR \$5

Orville Redenbacher Popcorn

Select Varieties
700-820 g.

9⁹⁸



Western Family Munchie Mix

400 g.

3⁹⁸



Hawkins Cheezies

285 g.

2 FOR \$8



Mars or M&M's Chocolate Bars

Select Varieties
1 Pack

3 FOR \$4⁹⁸



THIRSTY?

More Favourites ...

Pure Life Spring Water
12 x 500 ml.
*Plus Deposit.

2 FOR \$9

Western Family Sparkling Spring Water
or Lemon Lime, 2 litre
*Plus Deposit.

2 FOR \$3

SunRype Pure Apple Juice
3.78 litre
*Plus Deposit.

9⁹⁸

Pepsi or 7Up Beverages
Select Varieties, 1 litre
*Plus Deposit.

2 FOR \$5

Monster Energy Drink
Select Varieties, 444-473 ml.
*Plus Deposit.

2 FOR \$6

V8 Vegetable Juice
Original, 340 ml.
*Plus Deposit.

4 FOR \$5



Sapporo Alcohol Free Beer
or Sleeman Zero, 6 x 355 ml.
*Plus Deposit.

9⁹⁸



Good Host Iced Tea Mix
2.35 kg.

16⁹⁸



Bubly Sparkling Water
Select Varieties, 12 x 355 ml.
*Plus Deposit.

6⁹⁸



Montellier Sparkling Water
Select Varieties, 10 x 355 ml.
*Plus Deposit.

6⁴⁸



Pepsi or 7Up Beverages
Select Varieties, 24 x 355 ml.
*Plus Deposit.

15⁹⁸



Pepsi or 7Up Beverages
Select Varieties, 6 x 710 ml.
*Plus Deposit.

7⁹⁸



Propel Beverages
Grape or Strawberry Kiwi
6 x 500 ml., *Plus Deposit.

5⁹⁸



SunRype Pure Apple Juice

1 litre, *Plus Deposit

3 FOR \$7⁹⁸



HOUSEHOLD MUST HAVES



Purex
Bathroom Tissue
Ultra or Ultra Luxe
Double 12 Roll
or Triple 8 Roll

OR

Sponge Towels
Ultra Pro
or Choose-A-Size
Double 3 Roll

OR

Scotties
Facial Tissues
or Supreme
81-126 Tissues
6 Pack

8⁹⁸

your CHOICE

Western Family
Snack Bags
Zipper
90 Pack

2^{FOR} \$4



Scotch
Packing Tape
1 Roll

2^{FOR} \$9



BinBreeze
Indoor Compost Powder
Unscented or Lavender
450 g

7⁹⁸



Finish Jet-Dry
Rinse Aid
3 in 1
250 ml

5⁴⁸



Scotch Brite
Scrub Sponges
Gentle Clean
3 Pack

2^{FOR} \$8



Only Goodness
Toilet Bowl Cleaner
Zesty Lemon
710 ml

3⁹⁸



Arm & Hammer
Carpet & Room Deodorizer
Pet Fresh or Meadow Fresh
700 g

2^{FOR} \$7



Glade
PlugIns
Refills, Select Varieties
2 Pack

9⁹⁸



Tide
Laundry Detergent
Original, 115 Use
29⁹⁸



Dawn
Powerwash
Dish Liquid
Fresh or Lemon Scent, 473 ml.
6⁹⁸

PERSONAL CARE

Schick Hydro
Razor Blade Refill
Sensitive
4 Pack

18⁹⁸

Nivea
Lip Balm
Essential or Hydro Care
1 Pack

2^{FOR} \$5

Ivory
Body Wash
Original or Aloe
621 ml

5⁹⁸

Gravol
Ginger Nighttime
16 Tablets

8⁹⁸

Gerber
Baby Cereal
or Oatmeal, Select Varieties
208-227 g

6⁴⁸

Method
Shampoo
or Conditioner, Select Varieties
399-414 ml

8⁹⁸

Old Spice
Deodorant
or Antiperspirant, Select Varieties
73-85 g

7⁴⁸



Aussie
Miracle Shampoo
or Conditioner, Select Varieties
360 ml.
2^{FOR} \$9

PET'S CORNER

Purina One
Dog Food
Select Varieties
368 g

2^{FOR} \$5



Beneful
Dog Food
Select Varieties
1.6-1.8 kg

9⁹⁸

Purina
Beggin' Strips
Select Varieties
170 g

2^{FOR} \$9

Purina
Cat Chow
1.6 kg

9⁹⁸



Super Saver
Cat Litter
Clumping
4 kg

5⁹⁸



MARKET FRESH PRODUCE



Cosmic Crisp or Sugarbee Apples
U.S. Grown, Extra Fancy Grade, kg. 5.47

2⁴⁸
lb.

Dragon Fruit
Product of Vietnam

5⁹⁸
Each



Sweet Mangos
Mexican Grown

2⁹⁸
Each



Golden Pineapple
Product of Costa Rica

7⁹⁸
Each



Kiwi Fruit
New Zealand Grown

98¢
Each




Honeydew Melon
Mexican or U.S. Grown, kg. 3.70

1⁶⁸
lb.

Baby Long English Cucumbers
Canadian Grown
1 lb. Bag

1⁹⁸
Each



Field Carrots
U.S. Grown, #1 Grade
2 lb. Bag

2⁹⁸
Each



Hot-House Butterleaf Lettuce
Canadian Grown

2⁹⁸
Each



Hot House Beefsteak Tomatoes
Canadian Grown, Canada #1 Grade
kg. 4.37

1⁹⁸
lb.



ORGANICS

Organic Avocados
Mexican Grown
3 Pack

5⁹⁸
Each



Broccoli Bunch
U.S. Grown
kg. 7.67

3⁴⁸
lb.



Fresh Express Spinach
Product of U.S.A.
8 oz.

2⁹⁸
Each



Organic Long English Cucumbers
Canadian Grown, Canada #1 Grade

4⁹⁸
Each



BAKERY BARGAINS

Kaiser Buns
Select Varieties, 6 Pack

2⁹⁸
Each

Fresh Baked



Raspberry Bismarks
or Venetian Cream Filled
6 Pack

5⁹⁸
Each



Special Baker's Spongecake Dessert Cups
Vanilla, 6 Pack

3⁵⁸
Each



Two-Bite Macarons
Coconut
201 g.

4⁹⁸
Each



Apple Valley 3" Tart Shells
Plain or Sweet
570 g.

6⁹⁸
Each



Dempster's Whole Grain Bread
or Signature, Select Varieties
600-680 g.

2 FOR \$8



Dempster's Tortillas
Select Varieties
6-10 Pack

2 FOR \$8



BAKERY SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.