



New Denver, British Columbia

NEW MARKET FOODS

OPEN 7 DAYS A WEEK 8 AM - 7 PM • FRESH MEAT & PRODUCE • GROCERIES
DELI & LOCAL PRODUCTS • PHONE: 250-358-2270 • WEBSITE: newmarketfoods.com



PRICES
EFFECTIVE
JULY 2026
SUN MON TUE WED THUR FRI SAT
12 13 14 15 16 17 18

Dollar Days

**Lean
Ground Beef**

Value Pack
kg. 15.43

\$7
lb.



**Fresh
Strawberries**

U.S. Grown, #1 Grade
1 lb. Clamshell

2 FOR \$7

WEATHER
PERMITTING



**Long English
Cucumbers**

Canadian Grown, Canada #1 Grade

2 FOR \$3



**Western Family
Fun Pops**
Assorted Fruit Flavoured
24 Pack

2 FOR \$9



**Kellogg's
Cereal**
Select Varieties
250-355 g.

2 FOR \$9

Celebrate Food
**NATIONAL
ICE CREAM DAY**
- July 20th, 2026 -

**Chapman's
Premium Ice Cream**
Select Varieties
2 litre

\$8

**Chapman's
Frozen Novelties**
Select Varieties
12-20 Pack

\$8

**Chapman's
No Sugar Added
Ice Cream**
or Frozen Novelties, Select Varieties
1 litre or 6 Pack

\$7

**Chapman's
Markdale Creamery
Ice Cream**
Select Varieties, 2 litre

2 FOR \$11

**Chapman's
Markdale Creamery
Ice Cream**
Select Varieties, 4 litre

\$11

BUTCHER SHOPPE

Top Sirloin Grilling Steak

Value Pack, kg. 24.25

lb. **\$11**



Outside Round Oven Roast

kg. 19.84

lb. **\$9**



Western Family Cheddar Bacon Angus Beef Burgers

Frozen, 852 g.

Each. **\$22**



Western Family BBQ Sauce

Select Varieties 425 ml.

2 FOR **\$7**



Western Family Rancher Burger

Frozen 1.7 kg.

Each. **\$26**



Western Family Burgers

Frozen, Select Varieties 852 g - 1.02 kg.

Each. **\$18**



Western Family Crispy Chicken Burgers

Frozen 800 g.

Each. **\$11**



Pork Tenderloin

Value Pack, kg. 11.02

lb. **\$5**

Pork Loin Chops

Bone-In, Value Pack kg. 11.02

lb. **\$5**



Janes Pub Style Chicken

Frozen, Select Varieties 1.1 kg.

Each. **\$12**



Split Chicken Wings

Value Pack kg. 11.02

lb. **\$5**



Pork Loin Roast

Bone-In kg. 8.82

lb. **\$4**



Boneless Skinless Chicken Breasts

Value Pack, kg. 17.64

lb. **\$8**



SMOKED & PACKAGED MEATS

Pinty's Chicken Wings

Frozen, Select Varieties 700-720 g.

Each **\$17**



Pinty's Gluten Free Chicken Strips

Nuggets or Burgers, Frozen 790 g.

Each **\$14**



Lafleur Smoked Ham

Black Forest or Maple 550 g.

Each **\$12**



Freybe Pepperoni

Select Varieties 500 g.

Each **\$11**



Freybe A Taste of Europe

Select Varieties 100 g.

Each **\$5**



Grimm's Sizzlin' Smokies

Select Varieties 450 g.

Each **\$8**



Harvest Bacon

Select Varieties 500 g.

Each **\$14**

Western Family Bacon

Regular or Thick Cut 375 g.

Each **\$6**

Burns Beef Burgers

Frozen 1 kg.

Each **\$20**

Maple Leaf Top Dogs

Original, 900 g.

Each **\$13**

Schneiders Chicken Tenders

Frozen, Select Varieties 600 g.

Each **\$14**

Maple Leaf Prime Chicken

Frozen, Select Varieties 700 g.

Each **\$14**

Western Family Chicken Wings

Select Varieties 750 g.

Each **\$15**

Western Family Wieners

Original, 375 g.

Each **\$7**

Western Family All Beef Wieners

375 g.

Each **\$8**

Western Family Bologna

Chunks, 750 g.

Each **\$10**

Western Family Garlic Sausage

750 g.

Each **\$12**

Western Family Smokies

Original or Cheese 450 g.

Each **\$8**

Asian Inspirations Entrées

Frozen, Select Varieties 400 g.

Each **\$6**

DELI

DELI SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.

Freybe Deli Ham
Select Varieties
Per 100 g. **\$3**

Schneiders Deli Bologna
.....Per 100 g. **\$2**

Olymel Deli Mock Chicken
or Deli Bologna
.....Per 100 g. **\$1**

Freybe Deli Salami
Select Varieties
.....Per 100 g. **\$3**

Deli Black Forest Ham
.....Per 100 g. **\$2**

SEAFOOD

SEAFOOD SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



Cod Fillets
Skinless, 300 g.
Per 100 g. **\$5**



Rockfish Fillets
Skinless, 300 g.
Per 100 g. **\$3**



Sockeye Salmon Fillets
Skin On, 300 g.
Per 100 g. **\$6**



Atlantic Salmon Fillets
Skin On, 300 g.
Per 100 g. **\$5**

HOT DEALS FROM THE FREEZER

Western Family Vegetables
Frozen, Select Varieties
750 g. **\$3**



Western Family French Fries
Skin On or Crinkle Cut
Frozen, 750 g. **2 FOR \$7**



Heinz Bagel Bites
Cheese & Pepperoni
or Three Cheese
Frozen, 198 g. **2 FOR \$5**



Healthy Choice Entrees
Frozen, Select Varieties
269-292 g. **\$6**



Western Family Tart Shells
Frozen, 570 g. **\$6**



Western Family Deep Dish Pie Shells
Frozen, 380 g. **2 FOR \$7**



Breyers Creamery Style Frozen Dessert
Select Varieties, 1.41 litre
\$7



Dr. Oetker Ristorante Pizza
Frozen, Select Varieties, 320-410 g.
\$6

Only Goodness Smoothie Blend
Frozen, 600 g. **\$4**



Magnum Frozen Novelties
Select Varieties
3 Pack **\$8**



Western Family Frozen Dessert
Select Varieties
4 litre **\$11**



Ben & Jerry's Ice Cream
Select Varieties
473 ml. **\$7**



Western Family Buttermilk Waffles
Frozen, 280 g. **\$3**

DAIRY DELIGHTS

Armstrong Cheese Sticks

Select Varieties
210 g.

\$5

Armstrong Shredded Cheese

Select Varieties
500 g.

\$10

Kraft Velveeta Cheese Loaf

900 g.

\$14

Black Diamond Sliced Cheese

Select Varieties
220-240 g.

\$6

Kraft Shredded Parmesan

or Blend
200 g.

\$8



Sunny D Beverage

Smooth or Tangy Original
500 ml, *Plus Deposit

4 FOR \$5



Western Family Lemonade

Chilled, Select Varieties
1.54 litre, *Plus Deposit

\$3



Coffee Mate Coffee Enhancer

Select Varieties, 946 ml.
*Plus Deposit

\$5



Dairyland Creamo

or Fat Free, 946 ml.
*Plus Deposit

\$4



I Can't Believe It's Not Butter

400-427 g.

2 FOR \$5

Western Family Cream Cheese

Tub or Brick
227-250 g.

2 FOR \$7

Yoplait Source Protein Yogurt

Plain
650 g.

2 FOR \$9

Liberte Méditerranée Yogurt

Select Varieties, 500 g.

2 FOR \$9

Yoplait Tubes

Select Varieties
8 Pack

2 FOR \$7

Olympic Sour Cream

Organic
500 ml.

\$5

Dairyland Whipping Cream

237 ml.
*Plus Deposit

\$2

Dairyland Stirred Yogurt

Select Varieties
175 g.

4 FOR \$5

Activia Multipack Yogurt

Select Varieties
8 x 100 g.

2 FOR \$11

Dairyland Chocolate Milk

or Reduced Sugar
1.89 litre, *Plus Deposit

\$5



Dairyland Cottage Cheese

Select Varieties
500 g.

\$4



Black Diamond Cheese

Select Varieties
400 g.

\$7



Philadelphia Dips

Select Varieties
227 g.

2 FOR \$7



GOOD MORNING!



Tazo Concentrated Latte

Select Varieties
946 ml.

\$7

Western Family Coffee Whitener

Lactose Free
1 kg.

\$9

Starbucks Coffee

Select Varieties
10 K-Cups or 340 g.

\$13

Smucker's Pure Jam

or Marmalade, Select Varieties
500 ml.

\$7



Only Goodness Peanut Butter

Select Varieties
500 g.

\$5



Western Family Honey Bear

375 g.

\$5



Western Family Pancake Mix

or Syrup, Select Varieties
905 g. or 710 ml.

2 FOR \$9



General Mills Cereal

Chex or Oatmeal Crisp
Select Varieties
340-437 g.

2 FOR \$11



Rogers Oats

or Porridge, Select Varieties
750 g. 1.1 kg.

\$5



Tim Hortons Instant Coffee

or Hot Chocolate, Select Varieties
8 Pack or 500 g.

\$5



Earth's Own Barista Oat Beverage

946 ml.
*Plus Deposit

\$5



BAKING

Rogers All Purpose Flour

or No Additive
2.5 kg.

\$4



Hershey's Chipits

Select Varieties
200-270 g.

\$6



Ocean Spray Craisins

Original
340 g.

\$4

Western Family Lime Juice

445 ml.

\$2

Sugar Twin Sweetener

Original
50 Pack

\$2

Earth's Own Oat Beverage

Original, 974 ml.
*Plus Deposit

\$3

GROCERY ESSENTIALS

Green Giant Vegetables

Select Varieties
341-398 ml

4 FOR \$9

Scarpone's Beans

Chick Peas or Lentils, Select Varieties
398 ml.

\$1



Ben's Original Fast & Fancy Rice

Select Varieties
132 g.

4 FOR \$7



Western Family Condensed Soup

or Broth, Select Varieties
284 ml.

2 FOR \$3



Kraft Pizza Kit
850 g.

\$8



Unico Sundried Tomatoes
Julienne Cut
210 ml.

2 FOR \$9



Western Family Taco Seasoning
or Fajita
35 g.

4 FOR \$5

Western Family Flour Tortilla
Medium or Large
8-12 Pack

\$3

Western Family Refried Beans
Select Varieties
398 ml.

\$2

Unico Olives
Pitted or Sliced
200 ml.

2 FOR \$3

Heinz 57 Sauce
Original
500 ml.

\$6

Western Family Pasta Sauce
or Tomato, Select Varieties
680 ml.

2 FOR \$5

Knorr Gravy Mix
or Sauce, Select Varieties
1 Pack

4 FOR \$5

Western Family Long Grain Rice
White or Brown
907 g.

\$3

Unico Passata Sauce
680 ml.

2 FOR \$7

Kraft Miracle Whip
Original
650 ml.

\$5

Western Family Udon Noodles
200 g.

\$1

Western Family Water Chestnuts
or Bamboo Shoots
Select Varieties, 227 ml.

2 FOR \$3

Pam Cooking Spray
Original
110 g.

\$5

Allen's Vinegar
500 ml.

2 FOR \$3

Western Family Fire Roasted Salsa
or Jalapeño Slices
375-398 ml.

2 FOR \$5



Annie's Pasta
White or Classic Cheddar
680 g.

\$10



Western Family Real Mayonnaise
or with Olive Oil
890 ml.

\$5



Heinz Ketchup
or Pickle Flavour
375 ml.

\$3



Western Family Yellow Mustard
225 ml.

2 FOR \$3



Western Family Dressing
Select Varieties
475 ml.

\$3



Ocean's Light Tuna
Chunk or Flaked
Select Varieties, 170 g.

\$2



Naturally Good



Real Naturals Shiitake Mushroom Chips
Select Varieties, 32 g.

2 FOR \$4

Tru Earth Scent Booster
Lavender Bliss or Ocean Wave
460 g.

\$19



Gold Seal Wild Salmon Bowl
Select Varieties, 160 g.

2 FOR \$9

OXO Bouillon
or In-A-Mug, Select Varieties
225 g. or 16 Pack

\$3

Gold Seal Sockeye Salmon
or No Salt Added, 213 g.

\$7

Ocean's SnackIt Light Tuna
Lemon & Pepper, 96 g.

2 FOR \$5

Del Monte Fruit
Select Varieties
398 ml.

2 FOR \$7

Unico Pezzetoni Tomatoes
Diced
398 ml.

\$2

Primo Tomatoes
Select Varieties
796 ml.

2 FOR \$5

Grissol Croutons
Select Varieties
135 g.

2 FOR \$5

Western Family Canola Oil
473 ml.

\$3

Western Family Olive Oil
Pure or Extra Virgin
250 ml.

\$6

SNACKS

Pringles Potato Chips

Original or Sour Cream & Onion
37-39 g.

\$1

Hawkins Cheezies

640 g. or 14 Pack

\$9

Munchies Snack Mix

Original or BBQ
250 g.

2 FOR \$9

Western Family Kettle Cooked Potato Chips

Select Varieties, 200 g.

2 FOR \$5



Pepperidge Farm Goldfish Crackers

Select Varieties
180-227g. or 6 Pack

2 FOR \$7



Ruffles Potato Chips

Select Varieties
180-200 g.

2 FOR \$9



Lärabar Energy Bars

Select Varieties
45-48 g.

4 FOR \$5



Nature Valley or Fibre 1 Granola Bars

Pillsbury or Chex Mix
Select Varieties, 120-210 g.

2 FOR \$7



Betty Crocker Fruit Snacks

Select Varieties
128-226 g.

2 FOR \$5



Western Family Gummy Candy

Select Varieties
180 g.

\$2



Christie Minis

or Animal Crackers
Select Varieties, 200 g.

2 FOR \$7

Western Family Fruit Cups

Select Varieties
4 x 107 ml.

\$3

Western Family Pudding

Select Varieties
4 x 99 g.

\$2

Kisko Jumbo Mr. Freeze Pop

Select Varieties
150 ml.

5 FOR \$3

Grissol Melba Toast

or Baguettes, Select Varieties
120-200 g.

2 FOR \$7

Value Priced Wafers

Select Varieties
227 g.

\$2

Act II Popcorn

Butter or Butter Lover
3 Pack

\$3

M&M's or Mars Chocolate

Select Varieties
30-57 g.

4 FOR \$7

Maynards Candy

Select Varieties
44-64 g.

2 FOR \$3

Old Dutch Arriba Tortilla Chips

Select Varieties, 235 g.

2 FOR \$9

Molson Exel Lager

Non-Alcoholic
6 x 355 ml.
*Plus Deposit.

2 FOR \$11

Western Family Sparkling Water

or Lemon Lime
2 litre, *Plus Deposit

2 FOR \$3

Western Family Lemonade

Reduced Sugar
Select Varieties, 1.69 litre
*Plus Deposit

2 FOR \$7

Western Family Iced Tea Drink Mix

1 kg.

\$6

Farming Karma Soda

or HYDR8, Select Varieties
4 x 285 ml., *Plus Deposit

\$6

Dasani Water

1 litre, *Plus Deposit

\$2

Glacéau Smart Water

1.5 litre, *Plus Deposit

2 FOR \$7

Body Armor Energy Drink

Select Varieties, 473 ml.
*Plus Deposit

\$2

Peace Tea Iced Tea

Select Varieties, 695 ml.
*Plus Deposit

4 FOR \$5

Fuze Iced Tea

Select Varieties, 12 x 341-355 ml.
*Plus Deposit

\$9



Minute Maid Juice

No Sugar Added, Select Varieties
8 x 200 ml., *Plus Deposit

2 FOR \$9



V8 Vegetable Cocktail

Original, 340 ml.
*Plus Deposit

4 FOR \$5



Gatorade Sports Beverages

Select Varieties, 710 ml.
*Plus Deposit

4 FOR \$9



Pure Life Spring Water

35 x 500 ml.
*Plus Deposit

\$10



Coke or Canada Dry Minis

Select Varieties, 6 x 222 ml.
*Plus Deposit

\$5



Peace Tea Iced Tea

Select Varieties, 12 x 341 ml.
*Plus Deposit

\$9



Bubly or Montellier Sparkling Water

Select Varieties, 10-12 x 355 ml.
*Plus Deposit

\$7



THIRSTY?

Minute Maid Juice or Fuze Iced Tea

Select Varieties, 1.54-1.75 litre
1.54-1.75 litre, *Plus Deposit

2 FOR \$8

Pepsi or 7Up Beverages

Select Varieties, 12 x 355 ml.
*Plus Deposit

\$8



Coke or Canada Dry Beverages

Select Varieties, 12 x 355 ml.
*Plus Deposit

\$8



HOUSEHOLD MUST HAVES



**Purex
Bathroom Tissue**
or Ultra, Triple 12 Roll

\$13



**Finish
Dishwasher Detergent**
Quantum Ultimate
40 Pack

\$16



**Scotch Brite
Scrub Sponges**
Heavy Duty or Zero Scratch
3 Pack

\$4



**Sponge Towel
Ultra Pro**
Double 6 Roll

\$16



**Western Family
Facial Tissue**
126 Tissue

2 FOR \$3



**Glad
Cling Wrap**
30 m.

2 FOR \$5



**Western Family
Aluminum Foil**
12" x 25'

\$2



**Western Family
Garbage Bags**
Regular
40 Pack

\$9



**Royal Oak
StarGrill
Lump Charcoal**
4 kg.

\$12



**Tide
Laundry Detergent**
Select Varieties
52-64 Use

\$19



**Tide Pods
Laundry Detergent**
Select Varieties
45-76 Pack

\$26



**Dawn Powerwash
Dish Liquid**
Fresh or Lemon
473 ml.

\$7



**Colgate
Toothpaste**
Select Varieties
100 ml.

\$5

**Crest
Complete Plus
Toothpaste**
Select Varieties, 120 ml.

2 FOR \$9

**Old Spice
Body Wash**
Bearglove or Swagger
709 ml.

\$8

**Playtex Sport
Tampons**
Regular or Super
18 Pack

2 FOR \$11

**Aleve
Caplet**
or Liquid Gels
20-24 Pack

\$7

**Pampers
Swaddlers Diapers**
Select Varieties
16-32 Pack

\$18

PERSONAL CARE



**Gillette
Antiperspirant**
Wild Rain or Arctic Ice, 108 g.

\$6



**Pantene
Shampoo**
Conditioner or 2 In 1
Select Varieties, 308-355 ml.

\$6

PET'S CORNER



**Whiskas
Cat Food**
Select Varieties, 1.5-2 kg.

\$10

**Western Family
Dog Food**
Balanced & Complete
2 kg.

\$7



**Friskies
Cat Food**
Select Varieties
156 g.

4 FOR \$5



MARKET FRESH PRODUCE

Green Seedless Grapes

California Grown
#1 Grade, kg. 11.02

\$5
lb.



Mandarin Oranges

Peruvian Grown, 2 lb. Bag

\$5
Each



Yellow Nectarines

California Grown
kg. 6.61

\$3
lb.



Kiwi Fruit

New Zealand or Italian Grown

\$1
Each



ORGANICS

Organic Green Kale

Canadian Grown
Per Bunch

\$3
Each



Green Cabbage

Canadian Grown, Canada #1 Grade
kg. 3.31

\$3
2 lb. R



Green Leaf Lettuce

U.S. Grown

\$2
Each



Fresh Spinach

Canadian Grown
Per Bunch

\$2
Each



Bok Choy or Sui Choy

Canadian Grown
kg. 4.41

\$2
lb.



Warba Potatoes

Canadian Grown
2 lb. Bag

\$5
Each



Fresh Express Caesar Salad Kit

Select Varieties, Product of U.S.A.
9.9-10.75 oz.

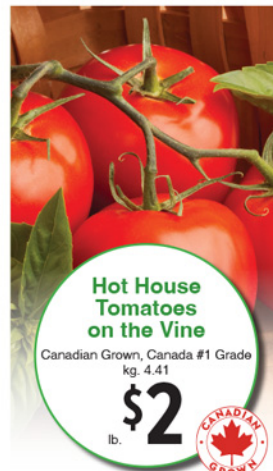
\$5
Each



Hot House Tomatoes on the Vine

Canadian Grown, Canada #1 Grade
kg. 4.41

\$2
lb.



Organic Avocados

Mexican Grown
3 Pack

\$6
Each



Earthbound Farm Organic Salad

Select Varieties, Product of U.S.A.
5 oz.

\$5
Each



BAKERY BARGAINS

French Bread

Each

\$2



Onion Buns

6 Pack

\$4



Mini Strudels

Select Varieties
6 Pack

\$3



Two-Bite Cinnamon Rolls

12 Pack

\$7



Baxter's Bakery Chocolate Banana Bread

575 g.

\$8



Sugarplum 6" Cheesecakes

Select Varieties
550 g.

\$14



Oakrun Crumpets

Plain or Buttermilk
6 Pack

\$4



Dempster's Whole Grain Bread

or Signature, Select Varieties
600-680 g.

\$4



Villaggio Italian Style Bread

Artisano or Toscana, Select Varieties
510-540 g. or 6-8 Pack

\$7



Oroweat Keto Tortillas

Original
6 Pack

\$5



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