



Monthly Specials

March-May

Sale Prices In Effect March 30 - May 3, 2023

2⁹⁹

Campbell's Chunky Soup or Chili

Select Varieties.
Chunky Soup 515 mL.
Chili 425 g.



4⁹⁹

Breyers Classic Frozen Dessert or Popsicle Novelties

Select Varieties.
Frozen. 1.66 Litre.
Novelties 576 - 600 mL.



5⁴⁹

Bonterra Paper Products

Select Varieties.
Bath Tissue
275 Sheets 6 Roll.
Facial Tissue 3's.



5⁴⁹

Hershey Cello Chocolate

Select Varieties.
165 - 290 g.
Brookside 160 - 235 g.
Bark Thins 150 g.



4/\$9

Chef Boyardee Pasta

Select Varieties. 418 - 425 g.

18⁹⁹

Starbucks Coffee K-Cups

Select Varieties. 24's.

4⁹⁹

Coca-Cola 6 Pack Soft Drinks

Select Varieties. 6 x 710 mL. ☼

Look for the



symbol that identifies product throughout the store.

COMPARE THE SAVINGS!

Grocery



4⁴⁹ Frank's Red Hot Sauce
Select Varieties. 354 mL.



2/\$5 Kraft BBQ Sauce
Select Varieties. 455 mL.



2⁶⁹ French's Prepared Yellow Mustard
400 mL.



3⁹⁹ Bick's Peppers
Or Beets. Select Varieties. 750 mL.



3⁹⁹ Hidden Valley Dressings
Select Varieties. 473 mL.



4⁹⁹ Matt & Steve's Extreme Beans or Pickles
Select Varieties. 500 - 750 mL.



2/\$7 Kraft Shake'n Bake Coating Mix
Select Varieties. 142 - 184 g.



7⁹⁹ Kraft Pizza Kit
850 g.



8⁴⁹ Kraft Grated Parmesan Cheese
Regular or Light. 250 g.



10⁹⁹ Bertolli Olive Oil
Select Varieties. 1 Litre.



2⁴⁹ Carnation Evaporated Milk
Select Varieties. 354 mL.



\$1 Jell-O Jelly Powders
Select Varieties. 9 - 85 g.



1²⁹ Jell-O Instant Pudding Mix
Select Varieties. 30 - 113 g



5⁹⁹ E.D. Smith Pie Filling
Select Varieties. 540 mL.



5⁴⁹ HP Sauce
Bold or Original. 400 mL.



4⁴⁹ Maple Leaf Klik Luncheon Meat
Select Varieties. 340 g.



3/\$5 Brunswick Seafood Snacks
Or Sardines. Select Varieties. 92 - 100 g.



4⁹⁹ Clover Leaf Sockeye Salmon
Flaked. 142 g.



4⁹⁹ Clover Leaf Cocktail Shrimp
106 g.



2/\$4 Club House Sauce or Dressing Mix
Select Varieties. 28 - 30 g.



8⁹⁹ Kellogg's Jumbo Cereal
Select Varieties. 700 g. - 1.2 kg.



4⁹⁹ Kraft Pure Jam
Strawberry or Raspberry. 500 mL.



1⁷⁹ Franco-American Gravy
Or Campbell's Spagettios 425 mL.
Select Varieties. Franco-American 284 mL.



2⁴⁹ Hunt's Manwich Sloppy Joe Sauce
398 mL.



4⁴⁹ Club House Seasonings
Select Varieties. 111 - 181 g.



20⁹⁹ Tim Hortons Coffee
Select Varieties. 875 - 907 g.
K-Cup Single Serve 24's - 30's.



4⁹⁹ Nestle Coffee Mate
Select Varieties. 450 g.
or 946 mL. ☑



3/\$10 Sun-Rype Juices
Or Slim Beverages.
Select Varieties. 1.36 Litre. ☑



11⁷⁹ Goodhost Iced Tea Mix
2.35 kg.



2/\$12 Nescafé Instant Coffee
Select Varieties. 100 - 170 g.

Look for the Family Values symbol



that identifies product throughout the store & compare the savings.

Grocery



2/\$6 Catelli Garden Select Pasta Sauce
Select Varieties. 640 mL.



2⁹⁹ Compliments Lasagna
500 g. Oven Ready Noodles 375 g.



12⁹⁹ Tilda Basmati Rice
White or Brown. 1.81 kg.



5⁹⁹ Hormel Real Bacon Bits
Or Pieces. 79 - 100 g.



2/\$8 Fresh Gourmet Croutons
or Salad Toppers
Select Varieties. 99 - 128 g.



2/\$3 Clif Builders Bars
Select Varieties. 68 g.



1⁹⁹ Gold Peak Iced Tea
Select Varieties. 547 mL.



2/\$5 Fiji Artesian Water
1.5 Litre.



2/\$5 Tim Hortons Ready to Drink Coffee
Select Varieties. 340 mL.



2/\$5 Vita Coco Coconut Water
Select Varieties. 500 mL.



2/\$6⁵⁰ Christie Kids Cookies
Select Varieties. 150 - 225 g.



2/\$4 Dare Econo Pack Cookies
Select Varieties. 280 g.



15⁹⁹ Compliments Almonds
1.13 kg.

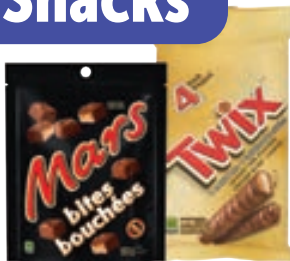


2/\$5⁵⁰ Kellogg's Cheez-Its
Or Town House Crackers.
Select Varieties. 191 - 391 g.



2⁹⁹ Pringles Mega Potato Crisps
Select Varieties. 194 - 203 g.

Snacks



2/\$10 Mars Multipacks
or Pouches
Or Skittles & Starburst 280 - 320 g. Select Varieties. 165 - 230 g.



2⁹⁹ Nestle Chocolate
Select Varieties. Tablets or Cello. 90 - 130 g.



2/\$6 Hershey Chocolate
Select Varieties. 87 - 104 g.



4⁹⁹ Hershey Chocolate Pretzels
Select Varieties. 170 g.



3⁹⁹ Twizzlers or Nibs Licorice
Select Varieties. 311 - 454 g.



2/\$6 Werther's or Riesen Candy
Select Varieties. 128 - 135 g.



4⁹⁹ Compliments Chocolate Covered Raisins or Peanuts
400 g.



2/\$5 Dare Real Fruit Gummy Candy
Select Varieties. 180 g.



3⁹⁹ Hi-Chew Candy
Select Varieties. 90 - 100 g.



2/\$4 Compliments Swiss Chocolate Bars
Select Varieties. 100 g.



3⁹⁹ Planters Cocktail Peanuts
Select Varieties. 275 - 300 g.



7⁴⁹ Compliments Peanut Butter Filled Pretzels
680 g.



2/\$3 Compliments Snacks
Party Mix, Cheese Crunchers or Sticks or Corn Chips. 120 g.



7⁹⁹ McSweeney's Beef Jerky
Select Varieties. 125 g.



2⁹⁹ Skinny Pop Popcorn Mini Cakes
Sharp Cheddar. 100 g.

This symbol denotes: Plus deposit and/or environmental levies where applicable.

Bring home the savings

with our



Chilled & Frozen



3⁹⁹ Minute Maid Orange Juice or Beverages
Fruitopia, Five Alive, Nestea or Peace Tea. Select Varieties. 1.54 - 1.75 Litre.



2/\$8 Liberté Mediterranean Yogourt
Or Greek Yogourt 4 x 100 g. Crunch 260 g. Select Varieties. Mediterranean 500 g.



5⁹⁹ International Delight
Select Varieties. 946 mL.



15⁹⁹ Saputo Shredded Cheese
Or Armstrong. Select Varieties. 900 g. - 1 kg.



4⁹⁹ Renee's Dressings
Select Varieties. 350 - 355 mL.



6⁴⁹ Simply Juices
Or Gold Peak Iced Tea or Lemonade. Select Varieties. 2.63 Litre.



3⁹⁹ Danone Activia Yogourt
Select Varieties. 650 g.



3⁹⁹ Jell-O Refrigerated Desserts
Select Varieties. 356 - 452 g.



4⁹⁹ Olivieri Lasagna Sheets
360 g.



7⁹⁹ Quality Multipack Sandwiches
Select Varieties. 375 - 495 g. Works out to only \$2.66 per Sandwich or \$3.99 per Burger!



1⁷⁹ Oh Snap! Dill Pickle Bites
Select Varieties. 90 mL.



2/\$3 Minute Maid Beverages
Select Varieties. Frozen. Or Nestea Iced Tea or Fruitopia. 295 mL.



7⁹⁹ Chapman's Premium Ice Cream or Novelties
Select Varieties. 2 Litre. Novelties. 5's - 8's. 540 - 1440 mL. Frozen.



5⁹⁹ Cheemo Perogies
Cheddar or Variety Pack. Frozen. 2 kg.



10⁹⁹ Kellogg's Eggo Waffles
Frozen. 1680 g.

Household & Pet



7⁴⁹ Purex Bathroom Tissue
Double Roll. 242 Sheets. 2 Ply. 8 Roll.



6⁴⁹ SpongeTowels
2 Roll. Ultra Choose a Size 144 Sheet.



3²⁹ Lysol Toilet Bowl Cleaner or Wipes
Select Varieties. 710 mL. Wipes 35's.



3⁴⁹ Glad Cling Wrap
60 Metres.



2⁹⁹ Milk Bone Dog Biscuits
Select Varieties. 450 - 475 g.



9⁹⁹ Whiskas Cat Food
Indoor Cat 1.5 kg.



14⁹⁹ Nature's Recipe Dog Food
Select Varieties. 1.8 kg.



10⁹⁹ Milk Bone Wonder Bone Dog Treats
Or Soft & Chewy. Select Varieties. 533 - 708 g.

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