



New Denver, British Columbia

NEW MARKET FOODS

OPEN 7 DAYS A WEEK 8 AM - 7 PM • FRESH MEAT & PRODUCE • GROCERIES
DELI & LOCAL PRODUCTS • PHONE: 250-358-2270 • WEBSITE: newmarketfoods.com



PRICES
EFFECTIVE
OCTOBER 2026
11 12 13 14 15 16 17

CHECK OUT OUR
**CASE LOT
SALE**
NEXT WEEK!

BAKING FESTIVAL



**Ambrosia
or Gala Apples**
Canadian Grown, Canada Extra
Fancy Grade, kg. 3.26

1.48
lb.



**Hershey's
Chipits**
Select Varieties, 200-270 g.

4.98



**Pork Shoulder
Blade Roast**
Boneless, kg. 8.77

3.98
lb.



**Little Potato
Co. Potatoes**
Red, Yellow or Trio, Canadian
or U.S. Grown, 1.5 lb. Bag

2.98
Each



**Jif
Peanut Butter**
Select Varieties, 1 kg.

5.48

Celebrate Food
**NATIONAL
PASTA DAY**
- October 17, 2026 -

**Unico
Pasta**

Select Varieties
900 g.

2 FOR \$4



**Classico
Pasta Sauce**

Pesto or Pizza, Select Varieties
218-600 ml.

2 FOR \$8



**Kraft
Parmesan**

or Italian Blend
250 g.

9.98



**Western Family
Parmesan Cheese**

Shredded
170 g.

6.98



**Villaggio Italian
Style Bread**

or Buns, Select Varieties, 510-540 g.
or 6-8 Pack

2 FOR \$6



BUTCHER SHOPPE



Beef Braising Ribs

Value Pack, kg. 24.21

lb. **10⁹⁸**

Beef Cross Rib Steak

Value Pack
kg. 22.00

lb. **9⁹⁸**

Beef BBQ Maui-Style Ribs

Value Pack
kg. 26.41

lb. **11⁹⁸**



Beef Cross Rib Roast

kg. 19.80

lb. **8⁹⁸**



CANADIAN BEEF



Pork Belly

Skin On, kg. 10.98

lb. **4⁹⁸**

Montana's Pork Back Ribs

Chipotle or Texas Style
650 g.

Each **16⁹⁸**

Pork Shoulder Blade Steak

Bone-In, Value Pack, kg. 10.98

lb. **4⁹⁸**

Harvest Maple Birch Shoulder Bacon

375 g.

Each **6⁹⁸**

SMOKED & PACKAGED MEATS

Maple Leaf Top Dogs

Original or BBQ
375 g.

Each **5⁹⁸**



Maple Leaf Bacon

Select Varieties
375 g.

Each **6⁹⁸**



Maple Leaf Prime Chicken

Frozen, Select Varieties
700 g.

Each **12⁹⁸**



Meat Man's Sausage Rolls

Frozen, Select Varieties
560 g.

Each **9⁹⁸**



Maple Leaf Ready Crisp Bacon

Slices or Pieces
65-85 g.

Each **6⁹⁸**

Olymel Sliced Meats

Select Varieties
175 g.

Each **4⁹⁸**

Maple Lodge Farms Chicken Bacon Style

375 g. Each **5⁹⁸**

Maple Lodge Farms Chicken Bologna

375 g. Each **2⁹⁸**

Grimm's Sizzlin' Smokies

Select Varieties
450 g. Each **8⁹⁸**

Freybe Sliced Meats

Select Varieties
175 g.

Each **4⁹⁸**



Maple Lodge Farms Sausages

Select Varieties
375-500 g.

Each **5⁹⁸**



Freybe Pepperoni

Select Varieties
500 g.

Each **13⁹⁸**



Olymel International Flavours

Frozen, Select Varieties
400 g.

Each **8⁹⁸**



DELI

DELI SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.

Olymel Deli Smoked Ham

Old Fashioned or Black Forest

Per 100 g. **128****Freybe Deli Pepperoni**

Select Varieties

Per 100 g. **198****Olymel Honey Ham**Per 100 g. **98¢****Deli Ham**

Thyme Maple Whisky or Classic.

Per 100 g. **198****SEAFOOD**

SEAFOOD SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.

**Cod Fillets**

Skinless, 300 g.

Each **498****Northern Glacier Cooked Shrimp**

Peeled, Frozen, 340 g.

Each **998****Western Family Breaded Calamari**

Frozen 340 g.

Each **798****BlueWater Fish Fillets**or Popcorn Shrimp
Frozen, Select Varieties
325-600 g.Each **798****Iceberg Select Blue Shell Mussels**

Frozen 454 g.

Each **798****Western Family Butterfly Crunchy Shrimp**

Frozen, 680 g.

Each **1398**

M&M FOOD MARKET EXPRESS

Cabbage Rolls
Cigars au chow
1.81 kg

M&M Food Market Cabbage Rolls
Frozen, 1.81 kg.

2398

CHECK OUT OUR SELECTION IN STORE*
*SELECTION MAY VARY BY STORE AND PRODUCTS MAY NOT BE AVAILABLE AT ALL AG FOODS' LOCATIONS

HOT DEALS FROM THE FREEZER**Western Family Vegetables**Frozen, Select Varieties
750 g.**2 FOR \$6****Cavendish Farms Fries**Frozen, Select Varieties
800 g.**3 FOR 998**

Only Goodness Blueberries
or Mangos
Frozen, 600 g.

2 FOR \$11

Chapman's Yukon Frozen Novelties
Select Varieties, 5-8 Pack

498

HOT! DEAL

Western Family Hashbrown PotatoesShredded or Diced
Frozen, 1-1.3 kg.**648****Cheemo Perogies**Frozen, Select Varieties
907 g.**2 FOR \$7****Wong Wing Wonton Soup**or Covers, Frozen
426 ml. or 454 g.**2 FOR \$9****Wong Wing Entrées**Frozen, Select Varieties
300-680 g.**798****Western Family Thin & Crispy Pizza**Frozen, Select Varieties
350-390 g.**2 FOR \$11****Western Family Lasagna**or Shepherd's Pie, Frozen
Select Varieties, 850-907 g.**698****Häagen-Dazs Ice Cream**or Novelties, Select Varieties
3-4 Pack or 450 ml.**648****IOGO Frozen Yogurt**or Novelties, Select Varieties
946 ml. or 4-8 Pack**698****Chapman's Ice Cream**Frozen Yogurt or Sorbet
Select Varieties, 2 litre**798****Chapman's No Sugar Added Ice Cream**or Frozen Novelties
1 litre or 6 Pack**698**

BAKING FESTIVAL

Robin Hood Flour

Select Varieties
5 kg.

9⁹⁸

Western Family Large Eggs

Canada Grade A
18 Pack

6⁴⁸

Betty Crocker Angel Food Cake Mix

Cookie or Biscuits
Select Varieties, 337-550 g.

3⁹⁹

Fry's Premium Cocoa

227 g

7⁹⁸



Fleischmann's Canada Corn Starch

454 g.

3⁹⁸



Magic Baking Powder

450 g.

6⁴⁸



Western Family Shredded Coconut

or Flakes, Select Varieties
260-405 g.

2⁹⁹



Western Family Almonds

Select Varieties
110-135 g.

2⁵⁵



Western Family Pure Pumpkin

Fancy Grade
398 ml.

2⁵⁵



Western Family Dates

Cranberries or Currants
Select Varieties, 500-640 g.

4⁹⁸



Western Family Raisins

Select Varieties
620-640 g.

6⁹⁸



Tenderflake Pie or Tart Shells

or Puff Pastry, Frozen
Select Varieties, 255-397 g.

4²⁸



Lactantia Butter

Salted
454 g.

6⁹⁸



Rogers Sugar

Select Varieties
1-2 kg.

2⁵⁷



Fleischmann's Yeast

Quick-Rise or Traditional
227 g.

9⁹⁸

Western Family Whole Cashews

Pecan Halves
115-150 g.

2⁵⁸

Western Family Chopped Peanuts

or Sunflower Seeds
130-150 g.

2⁵⁵

Western Family Lemon Juice

946 ml.

3⁴⁸

Betty Crocker Candles

Select Varieties
12-24 Pack.

2⁵⁵

Betty Crocker Decorating Tips

Candy Eyeballs
or Birthday Candles
8-13 Pack or 28 g.

2⁵⁷

Betty Crocker Decorating Sugars

or Sprinkles, 92-113 g.

2⁵⁹

Betty Crocker Cookie Icing

Select Varieties
200 g.

2⁵⁷

Betty Crocker Icing

or Gel, Select Varieties
19-120 g.

2⁵⁵

Truvia Sweetener

Cane Sugar Blend
680 g.

7⁹⁸

Kraft Minit Tapioca

225 g.

3⁷⁸

Crisco Shortening

All-Vegetables
454 g.

3⁷⁸

Lactantia Cream Cheese

Original
250 g.

3⁷⁸

Bird's Custard Powder

Original
340 g.

5⁴⁸

DAIRY DELIGHTS



Cracker Barrel
Sliced Cheese

Select Varieties, 200-240 g.

6⁴⁸

Black Diamond Slices

Cheddar Style
410 g.

2⁵⁸



Lactantia Margarine

Olivina or Healthy Attitude
850 g.

5⁹⁸



Dairyland Chocolate Milk

or Reduced Sugar
1.89 litre, *Plus Deposit

5²⁸



Siggi's Icelandic Skyr Yogurt

Select Varieties
650-750 g.

6⁴⁸



Black Diamond Cheese

Select Varieties
400 g.

6⁴⁸



Dairyland Cream

Select Varieties
946 ml., *Plus Deposit

4²⁸



Imperial Margarine

Quarters or Soft Bowl
1.2-1.36 kg.

7⁹⁸

Kraft Shredded Parmesan Cheese

or Blend
200 g.

7⁴⁸

Yoplait Tubes

Select Varieties
8 Pack

2⁵⁷

Western Family Lemonade

Chilled, Select Varieties
1.54 litre, *Plus Deposit

3⁷⁹⁸

Dairyland Stirred Yogurt

Select Varieties
175 g.

4⁵⁵

Dairyland Sour Cream

Select Varieties
250 ml.

1⁹⁸

Gold Seal Sockeye Salmon or No Salt Added, 213 g.	6⁹⁸
Ocean's Albacore Tuna Solid or Flaked Select Varieties, 170 g.	3⁹⁹
Gold Seal Sardines in Soya Oil or Spring Water 125 g.	2^{\$3}
Hereford Corned Beef 340 g.	5⁹⁸
Del Monte Sliced Peaches or Mandarin Orange 540 mL.	4⁹⁸
Bick's Wine Sauerkraut 1 litre	6⁴⁸
Unico No Salt Added Beans or Chick Peas, Select Varieties 540 mL.	2^{\$4}
Chef Boyardee Pasta Select Varieties 425 g.	2^{\$6}
Cheetos Mac'N Cheese Bold & Cheesy, 170 g.	2⁷⁸
Kraft Dinner Cups Original or 3 Cheese 4 x 55 g.	6⁹⁸
Scarpone's Polenta 1 kg.	3²⁸
Scarpone's Gnocchi Cheese or Potato 500 g.	2^{\$5}
Western Family Basmati Rice Jasmine or Medium Grain 907 g.	2^{\$7}
Western Family Croutons Cheese & Garlic or Caesar, 145 g.	2^{\$5}
Heinz Ketchup Select Varieties 750 mL - 1 litre.	5⁹⁸

GROCERY ESSENTIALS



Knorr
Soup Mix
Select Varieties, 1 Pack

2^{\$3}

HOT!
DEAL

Knorr
Gravy Mix
or Sauce, Select Varieties
1 Pack

98¢



HOT!
DEAL

Campbell's
Chunky Soup
or Chili, Select Varieties
515 mL or 425 g.

2^{\$7}



Unico
Tomatoes
Select Varieties
796 mL.

2^{\$4}



Hunt's
Tomato Sauce
or Paste, Select Varieties
369-680 mL.

3^{\$9}



Betty Crocker
Potatoes
Select Varieties
141-215 g.

3^{\$7}



Catelli Garden
Select Pasta Sauce
or Meat Sauce, Select Varieties
600 mL.

2^{\$7}



Nong Shim
Instant Noodles
Original or Kimchi
120 g.

4^{\$7}



Taco Bell
Crunchwrap Supreme
or Cheesy Double Decker Taco
401-642 g.

7⁹⁸



Western Family Real Mayonnaise or with Olive Oil 890 mL.	4⁹⁸
Mazola Canola Oil Corn or Vegetable 1.18 litre.	8⁹⁸
Berio Olive Oil Classic Taste 750 mL.	14⁹⁸
Berio Balsamic Vinegar 250 mL.	4⁹⁸
Unico Kalamata Olives Whole 375 mL.	5⁴⁸
Bick's Relish Tangy Dill or Sweet Green 375 mL.	2^{\$6}
Kraft Miracle Whip Original 650 mL.	4⁹⁸
Western Family Hot Sauce Select Varieties 354-455 mL.	2^{\$6}
China Lily Soya Sauce 483 mL.	3⁹⁸
Western Family Vegetables Select Varieties 341-398 mL.	2^{\$4}
Taco Bell Craving Kits Select Varieties 260-420 g.	2^{\$11}
Taco Bell Creamy Sauce Chipotle or Baja 354 mL.	2^{\$11}
Taco Bell Taco Seasoning Original or Mild 1 Pack.	3^{\$3}
Taco Bell Hot Sauce Select Varieties 207 mL.	2^{\$8}

GOOD MORNING!



Folgers
Coffee

Select Varieties, 30 K-Cups

15⁹⁸

HOT!
DEAL

Western Family
Hazelnut Spread
with Cocoa
725 g.

6⁹⁸



Elias
Honey
375 g.

5⁹⁸



Folgers
Coffee

Select Varieties
12 K-Cups

8⁹⁸

Nescafé
Instant Coffee

Select Varieties
100-170 g. or 18 Pack

9⁹⁸

Parkway
Coffee

or Golden Tea, Select Varieties
4 x 355 mL, *Plus Deposit.

10⁹⁸

Red Rose
Orange Pekoe Tea

or Decaf
40-70 Bags

5⁴⁸

Carnation
Hot Chocolate

Select Varieties
400-450 g.

7⁹⁸

Post
Cereal

Select Varieties
311-400 g.

2^{\$8}

Quaker
Cereal

Select Varieties
350-500 g.

2^{\$9}

Harvest Crunch
Granola

Select Varieties
400-510 g.

5⁴⁸

Rogers
Wheat Germ

or Bran
375-450 g.

2^{\$4}

Quaker
Instant Oatmeal

Select Varieties
240-344 g.

2^{\$9}

Western Family
Quick Oats

1 kg.

2^{\$7}

Naturally Good

Kaslo
Sourdough Pasta

Select Varieties
454 g.

8⁹⁸



Gentle Earth
Multi-Surface
Cleaner

Select Varieties
236-700 mL.

8⁹⁸



SNACK ATTACK!



Quaker Crispy Minis
Select Varieties
90-199 g.

2 FOR \$7



Quaker Yogurt Granola Bars
Vanilla or Strawberry
175 g.

2 FOR \$7



Pepperidge Farm Goldfish Crackers
Select Varieties
180-227 g. or 6 Pack

2 FOR \$7



Taipan Rice Crackers
Plain or Sesame
100 g.

2 FOR \$4



Only Goodness Popping Corn
Organic
700 g.

548

Toblerone Milk Chocolate
50 g.

3 FOR \$4.98

Skittles or Starburst
Select Varieties
51-61 g.

2 FOR \$3

Corn Nuts or Corn Snacks
Select Varieties
200 g.

2 FOR \$6

Western Family Popcorn
Caramel Cheddar Mix
200 g.

398

Heluva Good Dip
Select Varieties
250 g.

278

Pace Chunky Salsa
or Picante, Select Varieties
642-648 ml.

498



Nestlé Chocolate Minis
Select Varieties
110-203 g.

598



Frito-Lay Mini Snacks
Select Varieties
81-145 g.

2 FOR \$7



Cheetos Snacks
Select Varieties
180-285 g.

2 FOR \$9



Old Dutch Potato Chips
Dutch Crunch or Ridgies
Select Varieties, 200-220 g.

2 FOR \$8



Heineken Non-Alcoholic Beer
Bottle or Can
6 x 330 ml., *Plus Deposit

1198

SunRype Juice
Select Varieties, 5 x 200 ml.
*Plus Deposit

278

Glacéau Smartwater
or Alkaline, 1 litre
*Plus Deposit

2 FOR \$6

Aquafina Water
1 litre
*Plus Deposit

2 FOR \$4

Coke or Canada Dry Beverages
Select Varieties
2 litre, *Plus Deposit

2 FOR \$6

Pepsi or 7Up Beverages
Select Varieties
1 litre, *Plus Deposit

2 FOR \$5

Pepsi or 7Up Beverages
Select Varieties, 12 x 355 ml.
*Plus Deposit

848



Farming Karma Soda
or Hydr8, Select Varieties
4 x 285 ml., *Plus Deposit

498



Bubly Sparkling Water
Select Varieties, 12 x 355 ml.
*Plus Deposit

698



Nestea Iced Tea Mix
or Good Host, Select Varieties
650 g.

798



Montellier Sparkling Water
Select Varieties
10 x 355 ml., *Plus Deposit

648



Pure Life Spring Water
12 x 500 ml.
*Plus Deposit

2 FOR \$9



SunRype Juice
Select Varieties, 900 ml.
*Plus Deposit

4 FOR \$9



Gatorade Sports Beverages
Select Varieties, 828 ml.
*Plus Deposit

2 FOR \$6



THIRSTY?



Coke or Canada Dry Beverages

Select Varieties, 24 x 355 ml.
*Plus Deposit

1598

HOUSEHOLD MUST HAVES

Western Family Bathroom Tissue

or Ultra, Double 24 Roll or Triple 16 Roll

14⁹⁸

Method Wood Floor Cleaner

739 ml

6⁹⁸



Swiffer Dusters Kit

1 Pack

6⁹⁸



Lysol Toilet Bowl Cleaner

Power or with Bleach
710 ml

2 FOR \$9



Scotch Brite Scour Pads

Heavy Duty
4 Pack

3⁹⁸



Western Family Garbage Bags

Small
48 Pack

4²⁸



Cascade Complete Dishwasher Detergent

Powers Away
3.4 kg

9⁹⁸



Lysol Disinfecting Wipes

Citrus
84 Pack

6⁹⁸



Febreze Air Freshener

Select Varieties
230 g

2 FOR \$9



Arm & Hammer Laundry Detergent

Original or Cold Water
55 Use

7⁹⁸



Green Works Dish Liquid

Original or Fresh & Clear
650 ml

5⁹⁸



Tide Pods Laundry Detergent

Select Varieties
18-31 Pack

10⁹⁸



Fleecy Fabric Softener

Select Varieties
1.36 litre or 80 Sheets

6⁹⁸



BAKING BASICS



Reynold's Baking Cups

White or Rainbow, 50 Pack

4 FOR \$5

Reynolds Parchment Paper

1 Roll

2 FOR \$7

Alcan Aluminum Foil

Non-Stick
12" x 25'

4²⁸



Blistex Hand Cream

or Lip Balm, Select Varieties
1 Pack or 50 ml

2 FOR \$6

Blistex Lip Balm

Regular
1 Pack

1⁷⁸

Method Gel Hand Wash

Select Varieties
1 litre

7⁹⁸

O.B. Tampons

Multipack
40 Pack

9⁹⁸

Huggies Fragrance Free Wipes

or Sensitive
56-64 Pack

4⁹⁸

Pampers Wipes

Baby Clean or Sensitive
65-72 Pack

2 FOR \$9

PERSONAL CARE



Pampers Swaddlers Diapers

Select Varieties, 16-32 Pack

17⁹⁸

Dove Body Care

Select Varieties, 325-355 ml
45 g or 3 Pack

2 FOR \$11

PET'S CORNER



Western Family Dog Food

Balanced & Complete, 8 kg

22⁹⁸

Milk-Bone Dog Treats

Select Varieties
252-900 g

5⁴⁸



Friskies Lil' Soups Cat Food

Select Varieties
34 g

3 FOR \$4⁹⁸



MARKET FRESH PRODUCE

Sweet Oranges

South African Grown, kg. 3.70

lb. **1⁶⁸**

Red Mangos

Brazil Grown

Each **2⁴⁸**

Honeydew Melón

U.S. Grown, #1 Grade
kg. 4.37

lb. **1⁹⁸**

Fresh Avocados

Mexican Grown

Each **1⁴⁸**

Fresh Limes

Mexican Grown

Each **88¢**

Red Seedless Grapes

California Grown
#1 Grade, kg. 5.77

lb. **3⁹⁸**

Hot House Peppers

Red, Yellow, or Orange
Canadian Grown, kg. 5.47

lb. **2⁴⁸**

Hot House Beefsteak Tomatoes

Canadian Grown, Canada #1 Grade
kg. 4.37

lb. **1⁹⁸**

Green Cabbage

Canadian Grown
Canada #1 Grade
kg. 1.94

lb. **88¢**

Baby Peeled Carrots

Product of U.S.A.
1 lb. Bag

Each **2⁴⁸**

ORGANICS

Organic Garlic

California Grown
3 Pack

Each **4⁴⁸**

Romaine Lettuce

U.S. Grown

Each **3⁴⁸**

Haven Greens Salad Kits

Product of Canada
Select Varieties
7 oz.

Each **6⁴⁸**

Organic Yellow Cooking Onions

Canadian Grown
Canada #1 Grade
3 lb. Bag

Each **4⁴⁸**

BAKERY BARGAINS

Unslice Bread

60% Whole Wheat, Unsliced

2 FOR \$4

Fresh Baked

Alpine Grain Bread

White or 100% Whole Wheat
570 g.

Each **2⁹⁸**

Venice Bakery Bread

White or 100% Whole Wheat
570 g.

2 FOR \$5

Plain Bagels

or Sesame
4 Pack

Each **2⁹⁸**

Long John Donuts

4 Pack

Each **4⁹⁸**

Furlani Garlic Parm Knots

296g

Each **3⁹⁸**

Furlani Garlic Bread

284 g.

Each **2⁹⁸**

Plain Baguette

or Multigrain
280 g.

Each **1⁹⁸**

Assorted Bagels

Select Varieties
4 Pack

Each **3⁹⁸**

The Worthy Crumb Tea Biscuits

Cheese
6 Pack

Each **6⁹⁸**

Dempster's Tortillas

Select Varieties
6-10 Pack

Each **4⁴⁸**

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