



New Denver, British Columbia

# NEW MARKET FOODS

OPEN 7 DAYS A WEEK 8 AM - 7 PM • FRESH MEAT & PRODUCE • GROCERIES  
DELI & LOCAL PRODUCTS • PHONE: 250-358-2270 • WEBSITE: newmarketfoods.com



PRICES EFFECTIVE

EST	21	22	23	24	25	26	27
MON							
TUE							
WED							
THUR							
FRI							
SAT							
SUN							

JUNE 2026

# HAPPY CANADA DAY

JULY-01

**Pork Loin Chops**  
Boneless, Value Pack, kg. 8.77

**3<sup>98</sup>**  
lb.

**Long English Cucumbers**  
Canadian Grown, Canada #1 Grade

Each **98¢**

**Bull's-Eye Barbecue Sauce**  
Select Varieties, 425 ml.

**3 FOR 7<sup>98</sup>**

**Breyers Family Classic**  
Frozen Dessert or Popsicles  
Select Varieties, 1.41 litre or 12 Pack

**2 FOR \$7**

**Hot House Tomatoes on the Vine**  
Canadian Grown, Canada #1 Grade  
kg. 3.26

**1<sup>48</sup>**  
lb.

**Made in Canada**

CELEBRATE CANADA'S BIRTHDAY  
IN STYLE WITH THESE  
CANADIAN MADE TREATS!

**Christie Oreo Minis**  
Chips Ahoy or Animal Crackers  
Select Varieties, 200 g.

**2 FOR \$7**

**Cadbury Mini Eggs**  
Micro  
90 g.

**2 FOR \$9**

**La Cocina Tortilla Chips**  
Select Varieties  
300-400 g.

**3 FOR \$9<sup>99</sup>**

**Doritos Tortilla Chips**  
Select Varieties  
210-235 g.

**4<sup>28</sup>**

**Chapman's Yukon Frozen Novelties**  
Select Varieties  
5-8 Pack

**5<sup>98</sup>**

# BUTCHER SHOPPE



**Sirloin Tip Roast**  
kg. 22.00  
**9<sup>98</sup>**  
lb.



**Top Sirloin Steak**  
Value Pack, kg. 28.62  
**12<sup>98</sup>**  
lb.



**Sirloin Tip Steak**  
Value Pack, kg. 24.99  
**10<sup>98</sup>**  
lb.



**Top Sirloin Roast**  
kg. 26.41  
**11<sup>98</sup>**  
lb.



**Schneiders Chicken Wings**  
Frozen, Select Varieties  
615 g.

**7<sup>98</sup>**  
Each



**Split Chicken Wings**  
Value Pack, kg. 10.98  
**4<sup>98</sup>**  
lb.



**Boneless Skinless Chicken Breasts**  
Value Pack, kg. 15.39  
**6<sup>98</sup>**  
lb.

**Jane's Pub Style Chicken**  
Frozen, Select Varieties  
700 g.

**11<sup>98</sup>**  
Each



**Pork Loin Roast**  
Boneless, kg. 7.67  
**3<sup>48</sup>**  
lb.

**SWISS CHALET**  
PORK BACK RIBS - CÔTES DE DORS DE PORC  
SMOKY BBQ BBQ FUME  
HONEY GARLIC MARINATED ALL DAY  
READY TO GRILL  
600 g

**Swiss Chalet Pork Back Ribs**  
Smoky BBQ or Honey Garlic  
600 g.

**12<sup>98</sup>**  
Each

# SMOKED & PACKAGED MEATS



Real Simple. MAPLE LEAF. Vrsi. Simple.

**Natural Top Dogs**

Original, 900 g.

**9<sup>98</sup>**

Each

**Harvest Ball Park Wieners**

Select Varieties  
375 g.

**6<sup>98</sup>**

Each



**Grimm's Sizzlin' Smokies**

Select Varieties  
450 g.

**8<sup>98</sup>**

Each



**Lafleur Wieners**

Original or BBQ  
450 g.

**3<sup>98</sup>**

Each



**Olymel Wieners**

Original  
1 kg.

**9<sup>98</sup>**

Each



**Burns Wieners**

375 g.

**3<sup>98</sup>**

Each



**Freybe Pepperoni**

Select Varieties  
500 g.

**10<sup>98</sup>**

Each




**Western Family Bacon**

Regular or Thick Sliced, 375 g.

**5<sup>98</sup>**

Each

**Western Family Garlic Sausage**

750 g.

**10<sup>98</sup>**

Each



**Western Family Cauliflower Bites**

or Spinach & Artichoke  
Frozen, 216-385 g.

**7<sup>98</sup>**

Each



**Western Family Vegetable Spring Rolls**

Frozen  
700 g.

**11<sup>98</sup>**

Each




**Western Family Mozzarella Cheese Sticks**

or Jalapeño Poppers, Frozen  
226-500 g.

**8<sup>98</sup>**

Each

**Western Family Cabbage Rolls**

Beef, Frozen  
908 g.

**10<sup>98</sup>**

Each



**Freybe A Taste of Europe**

Select Varieties  
100 g.

**2 FOR \$9**



**Big Chief Beef Jerky**

Select Varieties  
80 g.

**2 FOR \$10**



# SEAFOOD

SEAFOOD SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



**Atlantic Salmon Fillets**

Skin On, 300 g.

Per 100 g. **4<sup>48</sup>**



**Cod Fillets**

Skinless, 300 g.

Per 100 g. **4<sup>98</sup>**



**Rockfish Fillets**

Skinless, 300 g.

Per 100 g. **2<sup>98</sup>**



**Sockeye Salmon Fillets**

Skin On, 300 g.

Per 100 g. **5<sup>98</sup>**



**Steelhead Trout Fillets**

Skin On  
300 g.

Per 100 g. **5<sup>48</sup>**

**HighLiner Battered Fish**

Frozen, Select Varieties  
500-700 g.

Each **8<sup>98</sup>**



# DELI

DELI SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



**Olymel Deli Ham**  
Select Varieties  
Per 100 g. **1<sup>98</sup>**



**Freybe Deli Salami**  
Select Varieties  
Per 100 g. **3<sup>48</sup>**



**Freybe Deli Ham**  
Select Varieties  
Per 100 g. **2<sup>48</sup>**



**Grimm's Deli Ham**  
Thyme Maple Whiskey or Zero Sugar  
Per 100 g. **2<sup>98</sup>**



**Western Family Dips**  
Select Varieties, 227 g.  
Each **3<sup>98</sup>**

# BAKERY BARGAINS



**Focaccia Bread**  
Each **2<sup>48</sup>**

**2<sup>48</sup>**

**Cheddar Bread**  
Each **4<sup>98</sup>**

**Calabrese Bread**  
Each **2<sup>28</sup>**

**Portuguese Buns**  
6 Pack  
Each **2<sup>98</sup>**

**English Bay Gourmet Cookies**  
Select Varieties, 12 Pack  
Each **5<sup>98</sup>**

**Monte Cristo Roasted Garlic Bread**  
450 g.  
Each **3<sup>48</sup>**

**8" Inch Lattice Fruit Pies**  
Select Varieties, 520-600 g.  
Each **7<sup>98</sup>**

**Large Crusty Rolls**  
White or Whole Wheat, 6 Pack  
Each **2<sup>48</sup>**

**Sugarplum Dessert Bars**  
or Squares, Select Varieties, 8 Pack  
Each **8<sup>98</sup>**



**Dempster's Hamburger Buns**  
or Hot Dog, 12 Pack  
**2 FOR \$7**

**Two-Bite Brownies**  
265 g.  
Each **5<sup>98</sup>**

**Venice Bakery Bread**  
White or 100% Whole-Wheat, 570 g.  
**2 FOR \$5**

**Dempster's Bagels**  
Select Varieties, 5-6 Pack  
Each **3<sup>98</sup>**

BAKERY SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.

# BREAKFAST BUYS

**Nestlé Nesquik**  
Powder or Syrup, Select Varieties  
540 g. or 510-700 ml.

**8<sup>98</sup>**

**Nestlé Coffee Mate**  
Select Varieties  
425-450 g.

**5<sup>98</sup>**

**Kellogg's Cereal**  
Select Varieties, 210-460 g.

**2 FOR \$11**



**Kraft Hazelnut Spread**

with Cocoa  
725 g.

**6<sup>98</sup>**



**Elias Honey**  
Liquid or Creamed  
1 kg.

**12<sup>98</sup>**



**Kraft Peanut Butter**

Select Varieties  
750 g.-1 kg.

**7<sup>98</sup>**



**Cora's Crepe Mix**

Plain  
700 g.

**4<sup>98</sup>**



**Tim Hortons Coffee**

or Hot Chocolate, Select Varieties  
10-14 K-Cups or T-Discs  
or 1.5 kg.

**11<sup>98</sup>**



**Tim Hortons Coffee**

Original or Dark Roast  
825-875 g.

**27<sup>98</sup>**



**McCafé Coffee**

Espresso or Premium Roast  
30 K-Cups

**28<sup>98</sup>**



**Maxwell House Instant Coffee**

Original or Decaf  
150 g.

**7<sup>98</sup>**



**Tetley Orange Pekoe Tea**

144 Bags

**10<sup>98</sup>**



**Quaker Instant Oatmeal**

Select Varieties  
232-344 g.

**4<sup>28</sup>**



**Rogers Granola**

Select Varieties  
700-750 g.

**5<sup>98</sup>**



# BAKE UP SOME LOVE

**Western Family Raisins**

Select Varieties  
620-640 g.

**6<sup>98</sup>**



**Jell-O Jelly Powder**

Select Varieties  
10-85 g.

**4 FOR \$5**



**Jell-O Instant Pudding Mix**

Select Varieties  
30-113 g.

**3 FOR \$4<sup>98</sup>**



**Western Family All Purpose Flour**

10 kg.

**12<sup>98</sup>**



**Western Family Lemon Juice**

946 ml.

**3<sup>48</sup>**



**Betty Crocker Candles**

Select Varieties  
12-24 Pack

**2 FOR \$5**



**Betty Crocker Decorating Tips**

Candy Eyeballs or Birthday Candles  
8-13 Pack or 28 g.

**2 FOR \$7**



**Betty Crocker Decorating Sugars**

or Sparkles  
92-113 g.

**2 FOR \$9**



**Betty Crocker Icing**

or Gel, Select Varieties  
19-120 g.

**2 FOR \$5**



**Only Goodness Almond Flour**

or Gluten Free  
453 g.-1.65 kg.

**14<sup>98</sup>**



**Dairyland Whipping Cream**

33% or 36%, 946 ml.  
\*Plus Deposit

**5<sup>48</sup>**



**Betty Crocker Cookie Icing**

Select Varieties  
200 g.

**2 FOR \$7**



**Philadelphia Cream Cheese**

Select Varieties, 227-250 g.

**2 FOR \$8**



# GROCERY ESSENTIALS

## Heinz Picnic Pack

Mustard, Relish & Ketchup  
375 ml., 3 Pack

**4.98**



## Heinz Ketchup

Select Varieties  
750 ml.-1 litre

**5.98**



**FOR EVERY BURGER**

IT HAS TO BE

**HEINZ**

ESTD 1869



## Heinz Mustard

or Dijon  
265-380 ml.

**2 FOR \$5**



**Kraft Miracle Whip**  
Original or Calorie-Wise, 890 ml.

**6.98**

## Montana's Dry Rub

Rib or Steak  
170-180 g.

**5.48**



## Kraft Real Mayo

890 ml.

**5.98**



## Shake 'n Bake Coating Mix

Select Varieties  
142-184 g.

**2 FOR \$8**



## Bick's Relish

Sweet Green  
500 ml.

**3.98**



## Heinz Beans

or Pasta, Select Varieties, 398 ml.

**2 FOR \$4**

**HOT! DEAL**



## Stagg Chili

Select Varieties, 425 g.

**2 FOR \$8**

## Knorr Sidekicks

Select Varieties  
120-167 g.

**2 FOR \$4**



## Bick's Pickles

Select Varieties  
1 litre

**5.48**



## Holiday Luncheon Meat

340 g.

**2 FOR \$7**



## Kraft Dressing

Select Varieties  
425 ml.

**2 FOR \$8**



## Western Family Asparagus Spears

or Lima Beans  
341-398 ml.

**2 FOR \$7**



## Unico Artichoke Hearts

398 ml.

**3.98**



# GROCERY ESSENTIALS



**Aylmer Tomatoes**  
Select Varieties, 540-796 ml.

**2 FOR \$7**



**Berio Olive Oil**  
Extra Virgin  
1 litre



**16<sup>98</sup>**

**Western Family Ripe Olives**  
Pitted or Sliced  
398 ml.



**3 FOR \$7<sup>98</sup>**

**Hunt's Tomato Sauce or Paste**  
Select Varieties  
369-680 ml.



**2 FOR \$7**



**Primo Pasta Sauce**  
Select Varieties  
680 ml.



**2 FOR \$5**




**Catelli Whole Grains Pasta**  
Select Varieties, 375 g.

**2 FOR \$7**




**Ben's Original Converted Rice**  
907 g.

**5<sup>48</sup>**

**Western Family Sockeye Salmon**  
213 g.



**5<sup>98</sup>**

**Thai Kitchen Fish Sauce**  
or Chili Paste  
200 ml. or 112 g.



**4<sup>98</sup>**



**Clover Leaf Light Tuna**  
or Flavoured Select Varieties  
85-170 g.

**2 FOR \$4**



**Western Family Canola Oil**  
946 ml.

**3<sup>98</sup>**



# TACO NIGHT!

**Old El Paso Taco Shells**  
or Cheesy Blasted  
153-191 g.



**2 FOR \$8**

**Old El Paso Tortillas**  
Select Varieties  
297-334 g.



**2 FOR \$6**

**Old El Paso Dinner Kits**  
Select Varieties  
250-510 g.



**2 FOR \$9**

**Old El Paso Crunchy Taco Shells**  
or Stand n' Stuff  
125-133 g.



**2 FOR \$5**

**Old El Paso Tortilla Bowls**  
Regular or Mini  
189 g.



**2 FOR \$7**

**Old El Paso Thick N Chunky Salsa**  
or Picante, Select Varieties  
650 ml.



**4<sup>98</sup>**

**Old El Paso Green Chillies**  
Chopped  
113 ml.



**2 FOR \$4**

**Old El Paso Refried Beans**  
or Sliced Jalapenos  
Select Varieties, 250-398 ml.



**2 FOR \$6**

**Old El Paso Taco Sauce**  
Mild or Medium  
243 ml.



**2 FOR \$7**

**Old El Paso Seasoning**  
Select Varieties  
1 Pack



**4 FOR \$5**

# SNACKS

**HAVE S'MORE FUN**

**Kraft Jet-Puffed Marshmallows**  
Select Varieties, 400 g.

**2 FOR \$5**

**Cadbury Chocolate Bars**

Select Varieties  
90-100 g.

**2 FOR \$8**



**Nestlé Minis**

Select Varieties  
76-203 g.

**5<sup>98</sup>**



**M&M's or Mars Chocolate**

Select Varieties  
1 Pack

**3 FOR \$4<sup>98</sup>**



**Cadbury King Size Chocolate Bars**

Select Varieties  
66-78 g.

**2 FOR \$5**



**Kisko Mr. Freeze Pops**

80 Pack

**6<sup>98</sup>**



**Skittles or Starburst**

Select Varieties  
1 Pack

**2 FOR \$3**



**Pepperidge Farms Goldfish Crackers**

Select Varieties  
180-227 g. or 6 Pack

**2 FOR \$7**



**Christie Crispers**

or Bits & Bites, Select Varieties  
145 g.

**2 FOR \$7**



**Mott's Fruitsations**

Select Varieties  
6 Pack

**3 FOR \$9<sup>99</sup>**



**SunRype Fruit To Go Bites**

Select Varieties  
1 Pack

**2 FOR \$8**



**Christie Cookies**

Select Varieties, 224-303 g.

**2 FOR \$9**



**Quaker Chewy Bars**

or Dips, Select Varieties  
120-156 g.

**2 FOR \$6**



**SunRype Good Bites**

Select Varieties  
108-120 g.

**2 FOR \$9**



**RXBAR Protein Bars**

Chocolate Sea Salt  
52 g.

**2<sup>28</sup>**



**Kettle Brand Potato Chips**

Select Varieties  
156-198 g.

**3<sup>78</sup>**



**Hawkins Cheezies**

420 g.

**5<sup>98</sup>**



**Whisps Cheese Crisps**

Select Varieties  
60 g.

**4<sup>98</sup>**



**Jack Link's Jerky**

or Golden Island, Select Varieties  
65-80 g.

**6<sup>48</sup>**



**Philadelphia Dips**

Select Varieties  
227 g.

**3 FOR \$9<sup>99</sup>**



**Havoc Snacks**

Select Varieties  
170-280 g.

**3<sup>78</sup>**



**Munchies Snack Mix**

Original or BBQ  
250 g.

**4<sup>28</sup>**



**Jiffy Pop Popcorn**

Butter  
127 g.

**2 FOR \$7**



# BEVERAGES

## Mott's Clamato Juice

Select Varieties, 1.89 litre  
\*Plus Deposit

**2 FOR \$7**

**HOT! DEAL**



## Mott's Garden Cocktail

1.89 litre  
\*Plus Deposit

**2 FOR \$9**



## Clausthaler Non-Alcoholic Beer

Dry Hopped, 6 x 355 ml.  
\*Plus Deposit

**8 FOR \$98**



## Corona Cero Alcohol-Free Beer

12 x 355 ml., \*Plus Deposit

**22 FOR \$98**



## Farming Karma Mocktails

Select Varieties, 4 x 285 ml.  
\*Plus Deposit

**2 FOR \$11**



## Pure Life Water

Sport Cap, 710 ml.  
\*Plus Deposit

**4 FOR \$3**



## SunRype Juice

Select Varieties, 5 x 200 ml.  
\*Plus Deposit

**4 FOR \$11**



## SunRype Slim Juice

Select Varieties, 1.36 litre  
\*Plus Deposit

**2 FOR \$7**



## Nestea Iced Tea

Lemon or Zero Sugar  
12 x 341 ml., \*Plus Deposit

**8 FOR \$8**



## Nestea Iced Tea

Lemon or Zero Sugar  
1.89 litre, \*Plus Deposit

**2 FOR \$8**



## San Pellegrino or Perrier Sparkling Water

Select Varieties, 750 ml.-1 litre  
\*Plus Deposit

**3 FOR \$6.99**



## Coke or Canada Dry Beverages

Select Varieties, 24 x 355 ml.  
\*Plus Deposit

**15 FOR \$98**



## Coke or Canada Dry Beverages

Select Varieties, 2 litre  
\*Plus Deposit

**2 FOR \$6**



## Pepsi or 7Up Beverages

Select Varieties, 1 litre  
\*Plus Deposit

**2 FOR \$5**



## Zoa Energy Drink

Select Varieties, 355 ml.  
\*Plus Deposit

**2 FOR \$4**



## Gatorade Sports Beverages

or Water, Select Varieties  
700-710 ml., \*Plus Deposit

**4 FOR \$9**



## Gatorade Drink Crystals

Select Varieties  
560 g.

**7 FOR \$48**



## Gatorade Sports Beverages

Select Varieties, 6 x 591 ml.  
\*Plus Deposit

**8 FOR \$98**



## Grizzly Paw Soda

Select Varieties, 4 x 355 ml.  
\*Plus Deposit

**7 FOR \$98**



## Western Family Pop

Select Varieties, 12 x 355 ml.  
\*Plus Deposit

**6 FOR \$48**



# HOME ESSENTIALS



**Cottonelle Ultra Bathroom Tissue**  
Clean or Comfort, Mega 6 Roll

**10<sup>98</sup>**

**Viva Multi-Surface Cloth**  
3 Roll



**10<sup>98</sup>**

**Tide Laundry Detergent**  
Select Varieties 26-32 Use



**10<sup>98</sup>**

**Cascade Action Pac Dishwasher Detergent**  
Select Varieties 30-39 Pack



**18<sup>98</sup>**

**Affresh Dishwasher Cleaner**  
or Washing Machine 60-120 g.



**9<sup>98</sup>**

**Tilex Bathroom Cleaner**  
Daily Shower or Soap Scum 946 ml. **5<sup>48</sup>**

**Pledge Furniture Polish**  
Lemon 275 g. Aerosol **7<sup>98</sup>**

**Glade Candle**  
Delicate Vanilla Embrace 1 Pack. **10<sup>98</sup>**

**Scotch Brite Scrub Sponges**  
Heavy Duty or Zero Scratch 6 Pack. **8<sup>98</sup>**

**3M Duct Tape**  
Multi Use 1 Roll **2<sup>FOR</sup> 8**

**3M Heavy Duty Duct Tape**  
1 Roll **5<sup>98</sup>**

**Brita Filter**  
3 Pack **29<sup>98</sup>**

**Bounce Fabric Softener**  
Select Varieties 80 Sheets



**5<sup>98</sup>**

**Dawn Ultra Dish Liquid**  
Select Varieties 431-502 ml



**2<sup>FOR</sup> 8**

# LET'S GO CAMPING

**Scott Bathroom Tissue**  
Rapid Dissolve 8 Roll



**11<sup>98</sup>**

**Royal Oak Charcoal Briquets**  
Classic 15.4 lb.



**11<sup>98</sup>**

**Western Family Party Cups**  
White or Coloured 30-40 Cups



**2<sup>FOR</sup> 9**

**Western Family Heavy Duty Utensils**  
Select Varieties 48 Pack



**2<sup>FOR</sup> 6**

**Glad Cling Wrap**  
or Press 'N Seal 1 Roll



**4<sup>28</sup>**

**Alcan Aluminum Foil**  
Heavy Duty 12" x 30'



**2<sup>FOR</sup> 7**

**Western Family Garbage Bags**  
Extra Large or Large Blue 20-30 Pack



**7<sup>98</sup>**

**S.O.S. Scrubbing Pads**  
10 Pack



**2<sup>FOR</sup> 6**

# PERSONAL CARE

**Tampax or Always Tampons**  
or Pads, Select Varieties 20-40 Pack



**10<sup>98</sup>**

**Method Deodorant**  
Select Varieties 75 g.



**11<sup>98</sup>**



**Degree Antiperspirant**  
Select Varieties, 48-85 g.

**Q-Tips Cotton Swabs**  
400 Pack



**4<sup>98</sup>**

**Gerber Yogurt Melts**  
Strawberry Banana or Red Berry 28 g.



**5<sup>48</sup>**

**Degree Antiperspirant**  
Select Varieties, 48-85 g.

**4<sup>98</sup>**

# PET'S CORNER

**Nutri-Choice Advantage Dog Food**  
Turkey & Rabbit 5 kg.



**16<sup>98</sup>**

**IAMS Proactive Dog Food**  
Lamb & Rice or Chicken & Whole Grain 1.59 kg.



**8<sup>98</sup>**

**Cesar Double Delights Dog Treats**  
Filet Mignon 150 g.



**2<sup>FOR</sup> 7**

**Fancy Feast Cat Food**  
Select Varieties 85 g.



**4<sup>FOR</sup> 5**

# DAIRY DELIGHTS

**Kraft  
Parmesan**  
Grated  
125 g

**4<sup>98</sup>**



**Armstrong  
Cheese**  
or Shredded, Select Varieties  
500-600 g.

**9<sup>98</sup>**

**Dairyland  
Butter**  
Salted  
454 g.

**6<sup>48</sup>**



**Becel  
Margarine**  
Original or Olive Oil  
400 g.

**2<sup>F</sup>OR \$9**



**Cracker Barrel  
Sliced Cheese**

Select Varieties  
200-240 g.

**6<sup>48</sup>**

**Western Family  
Parmesan Cheese**

Shredded  
170 g.

**6<sup>98</sup>**

**Western Family  
Feta Cheese**

200 g.

**4<sup>98</sup>**

**İÖGO Nano  
Drinkable Yogurt**

Select Varieties, 6 x 93 ml.  
\*Plus Deposit.

**2<sup>F</sup>OR \$8**

**Siggı's Icelandic  
Skyr Yogurt**

Select Varieties  
4 x 100 g.

**2<sup>F</sup>OR \$8**

**Violife  
Vegan Cheese**

Select Varieties  
200-227 g.

**2<sup>F</sup>OR \$9**

**Sunny D  
Beverage**

Smooth or Tangy Original  
1.18 litre, \*Plus Deposit.

**2<sup>F</sup>OR \$4**

**Dairyland  
Coffee Cream**

18%, 946 ml.  
\*Plus Deposit.

**4<sup>28</sup>**

**Dairyland  
Cottage Cheese**

Select Varieties  
500 g.

**4<sup>28</sup>**

**Dairyland  
Sour Cream**

Select Varieties  
450-500 ml.

**3<sup>48</sup>**

**Dairyland  
Milk 2 Go**

or Chocolate, 6 x 200 ml.  
\*Plus Deposit

**4<sup>98</sup>**



**İÖGO  
Multipack Yogurt**

Select Varieties  
16 x 100 g.

**6<sup>98</sup>**



**International Delight  
Coffee Enhancer**

Hazelnut or French Vanilla  
1.42 litre, \*Plus Deposit

**6<sup>98</sup>**



**Starbucks  
Iced Coffee**

Blonde or Medium, Chilled  
1.42 litre, \*Plus Deposit

**7<sup>48</sup>**



# HOT DEALS FROM THE FREEZER

**Arctic Gardens  
Cut Spinach**

Frozen  
500 g.

**3<sup>98</sup>**



**Arctic Gardens  
Bistro Style Vegetables**

Frozen, Select Varieties  
500-580 g.

**2<sup>F</sup>OR \$9**



**Chef Bombay  
Entrées**

Frozen, Select Varieties  
350 g.

**4<sup>98</sup>**



**Dr. Oetker  
Suprema Pizza**

Frozen, Select Varieties  
487-520 g.

**8<sup>98</sup>**



**Healthy Choice  
Entrées**

Frozen, Select Varieties  
269-292 g.

**6<sup>48</sup>**



**Cavendish Farms  
Fries**

or Onion Rings, Frozen  
Select Varieties  
400-750 g.

**2<sup>F</sup>OR \$8**



**Western Family  
Ice Cream Cups**

or Sugar Cones  
Select Varieties, 12-18 Pack.

**2<sup>F</sup>OR \$6**



**Chapman's  
Markdale Creamery  
Ice Cream**

Select Varieties, 4 litre

**10<sup>98</sup>**



**Snowcrest  
Perfectly Imperfect  
Fruit**

Frozen, Select Varieties  
1.75 kg.

**12<sup>98</sup>**



**Western Family  
Buttermilk Waffles**

Frozen  
280 g.

**2<sup>F</sup>OR \$6**



**Popsicle  
Frozen Novelties**

Select Varieties  
18 Pack.

**7<sup>48</sup>**



**Magnum  
Frozen Novelties**

Select Varieties  
3 Pack.

**7<sup>48</sup>**



**Ben & Jerry's  
Ice Cream**

Select Varieties  
473 ml.

**6<sup>48</sup>**



# MARKET FRESH PRODUCE



**Whole Seedless Watermelon**  
U.S. or Mexican Grown

Each **8<sup>98</sup>**

**Fresh Peaches**  
California Grown  
kg. 5.47



lb. **2<sup>48</sup>**

**Fresh Nectarines**  
California Grown  
kg. 5.47



lb. **2<sup>48</sup>**

**Golden Pineapple**  
Product of Costa Rica



Each **7<sup>98</sup>**

**Satsuma Mandarins**  
Peruvian Grown  
2 lb. Bag



Each **4<sup>98</sup>**

**Red Seedless Grapes**  
Mexican Grown, #1 Grade  
kg. 10.98



lb. **4<sup>98</sup>**

**Fresh Avocados**  
Mexican Grown



Each **1<sup>68</sup>**

**Fresh Lemons**  
South African Grown



Each **98¢**

**Fresh Limes**  
Mexican Grown



Each **98¢**



**Russet Potatoes**  
Canadian Grown, Canada #1 Grade  
10 lb. Bag

Each **6<sup>98</sup>**



**ORGANICS**

**Organic White Mushrooms**  
Canadian Grown  
277 g.



Each **2<sup>48</sup>**




**Renee's Salad Dressing**  
Select Varieties  
Product of Canada, 355 ml.

Each **6<sup>98</sup>**



**Organic Field Carrots**  
U.S. Grown, #1 Grade  
2 lb. Bag




Each **3<sup>98</sup>**




**Green Onions**  
Canadian or Mexican Grown  
Per Bunch

Each **98¢**



**Romaine Lettuce**  
B.C. Grown

Each **1<sup>98</sup>**




**Fresh Express Coleslaw**  
or Garden Salad, Product of U.S.A.  
12-14 oz.

Each **2<sup>48</sup>**



**Hot House Peppers**  
Red, Yellow or Orange  
Canadian Grown, kg. 5.47

lb. **2<sup>48</sup>**

